

What is the Future of Contraceptive Care in a Post-Roe World?

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Filling the need for trusted information on national health issues.

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KFF Women's Health Survey Publications



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Contraception in the United States: A Closer Look at Experiences, Preferences, and Coverage

Brittni Frederiksen , Usha Ranji , Michelle Long , Karen Diep , and Alina Salganicoff

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Interest in Using Over-the-Counter Oral Contraceptive Pills: Findings from the 2022 KFF Women's Health Survey

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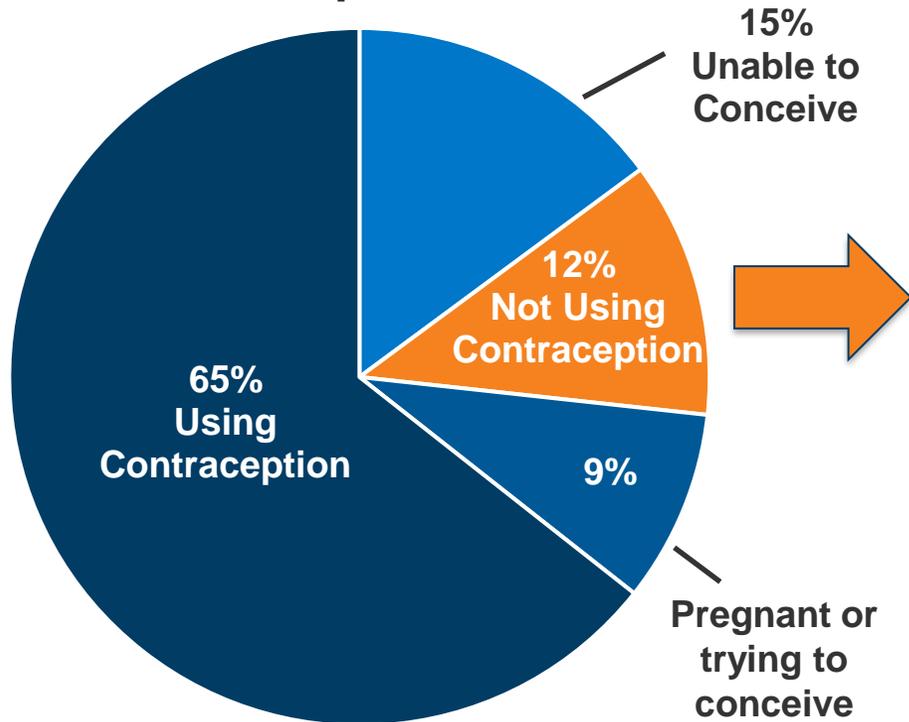


KFF Women's Health Survey

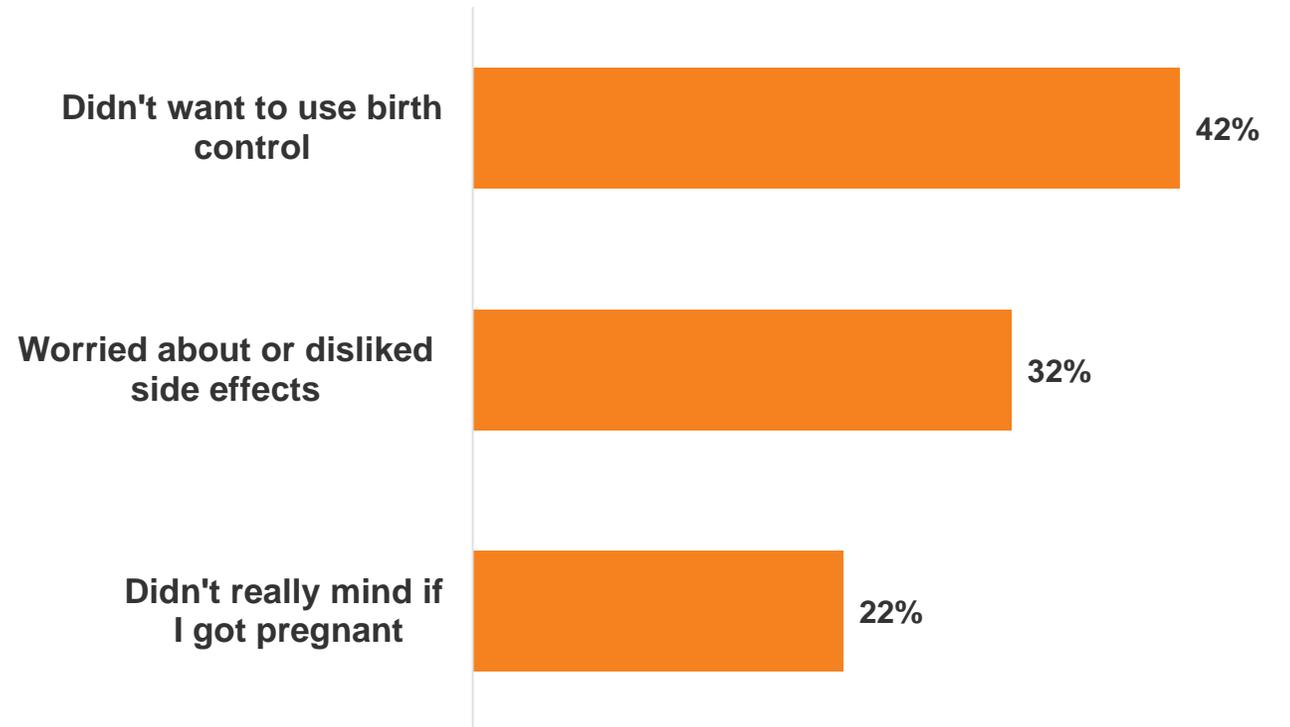
- Nationally representative survey of 5,201 females ages 18 to 64 and a shorter survey of 1,241 males ages 18 to 64
- Fieldwork by SSRS via the SSRS Opinion Panel and supplemented with sample from IPSOS's KnowledgePanel
- Conducted in English and Spanish primarily online with smaller sample by telephone
- Sample of females ages 18 to 49 was 4,088 to ensure adequate sample of females who are Asian, Black, Hispanic, Medicaid enrollees, those with low incomes, and those living in rural areas
- Fielded May 10 through June 7, 2022
- Margin of sampling error +/-2% for full sample and higher for subgroups

Most Sexually Active Females Use Contraception, But Nearly a Third of Those Who Don't Use It Cite Side Effects

Among females who had sex with a male in the past 12 months:



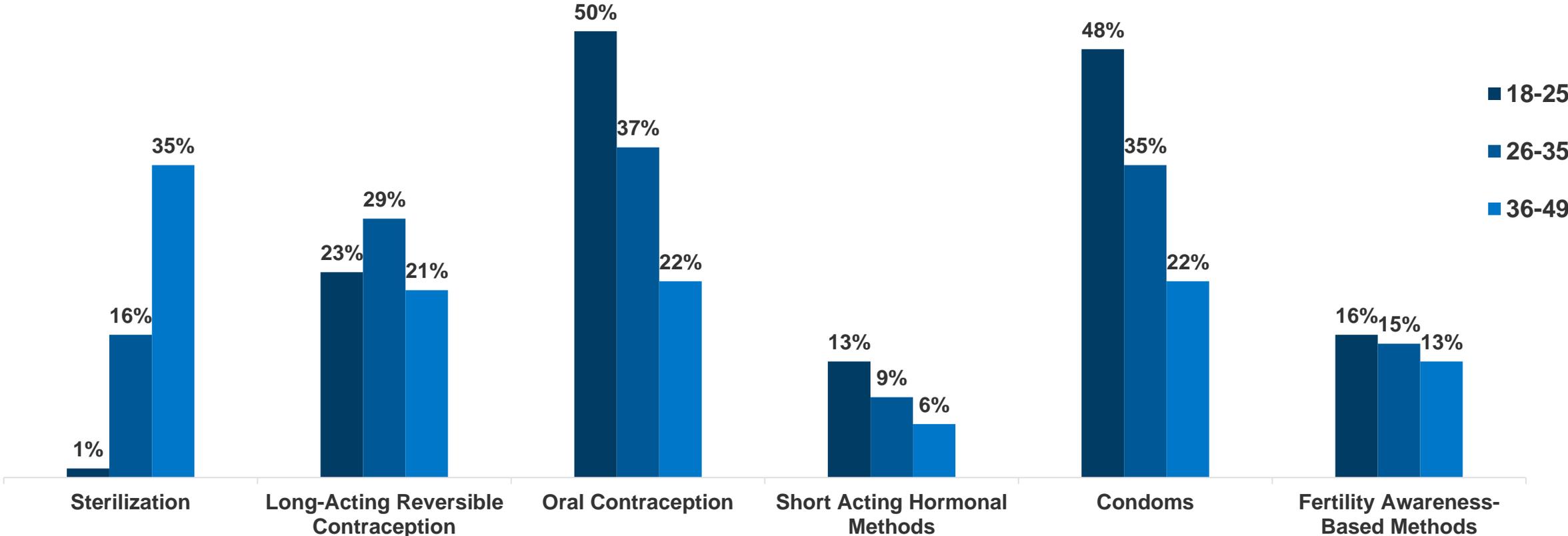
Which of these is a reason that you did not use birth control?



NOTE: Among reproductive aged females ages 18-49 who reported having sex with a male in the last 12 months.

SOURCE: KFF Women's Health Survey 2022

The Types of Contraception That Females Use Change Over the Course of Their Reproductive Years



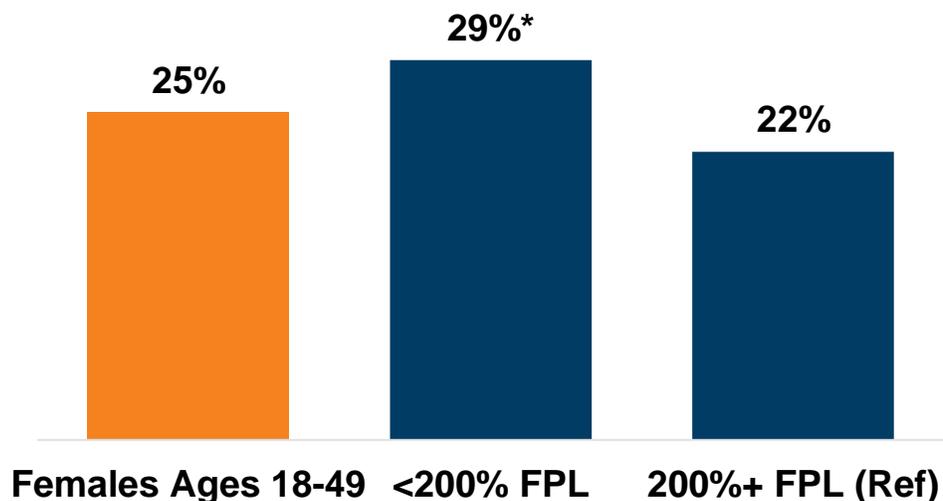
NOTE: Among females ages 18-49 who have used contraception in the past 12 months and respondents could respond with more than one contraceptive method. Sterilization includes female sterilization and vasectomy and were not asked about in the past 12 months, but ever use. Short Acting Hormonal Methods include patch, ring, and injectable birth control.

SOURCE: KFF Women’s Health Survey 2022



One Quarter of Females Aren't Using Their Preferred Method and Concern About Side Effects is the Top Reason

Share of females who would want to use a different method than they're currently using if they could use any type of birth control method available



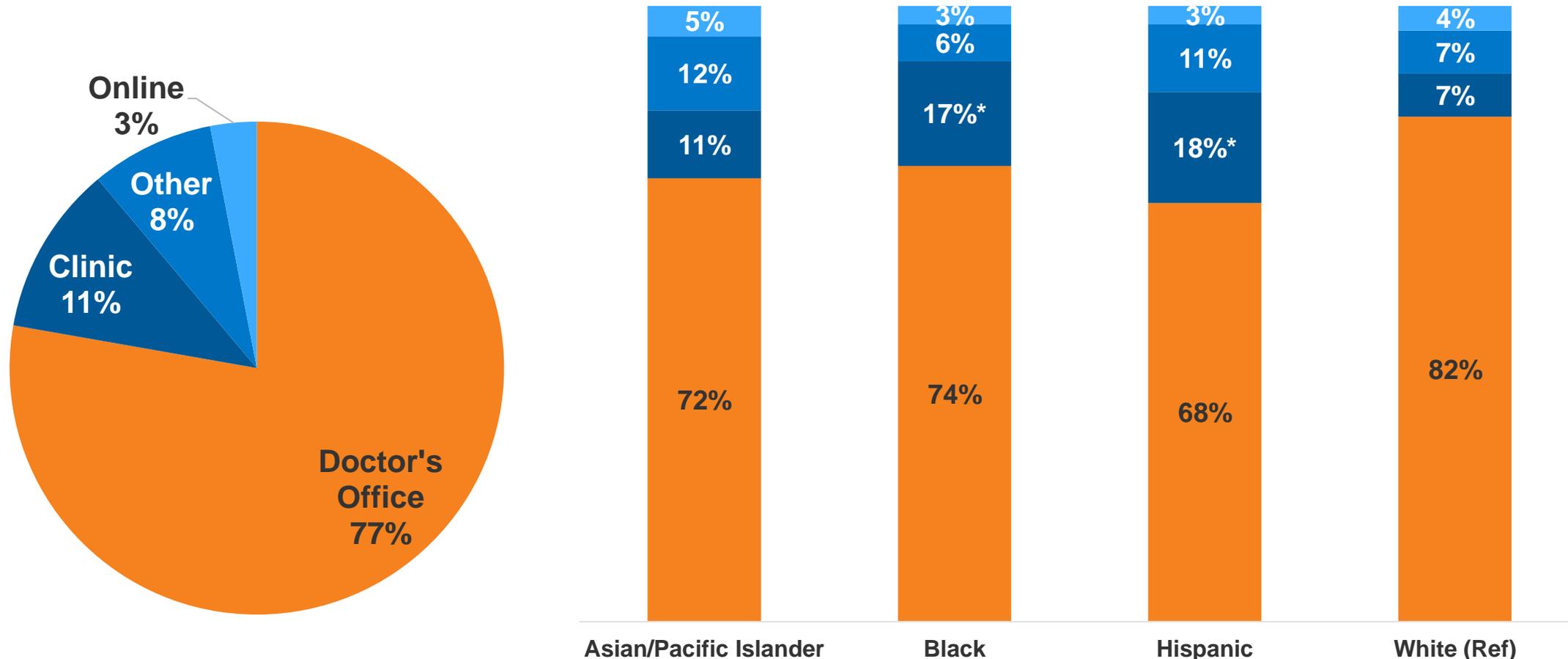
Top 5 Reasons for Not Using Preferred Method	All Females (Ages 18-49)
Concerned about side effects	25%
Can't afford preferred method	12%
Preferred method not available	11%
Partner does not want (you/me) to use preferred method	10%
Provider recommended different method	9%

NOTE: *Estimate is statistically different than estimate for reference (Ref) within income ($p < 0.05$). Among females ages 18-49 who have used birth control or condoms in the past 12 months. The federal poverty level (FPL) in 2022 for an individual is \$13,590.

SOURCE: KFF Women's Health Survey 2022

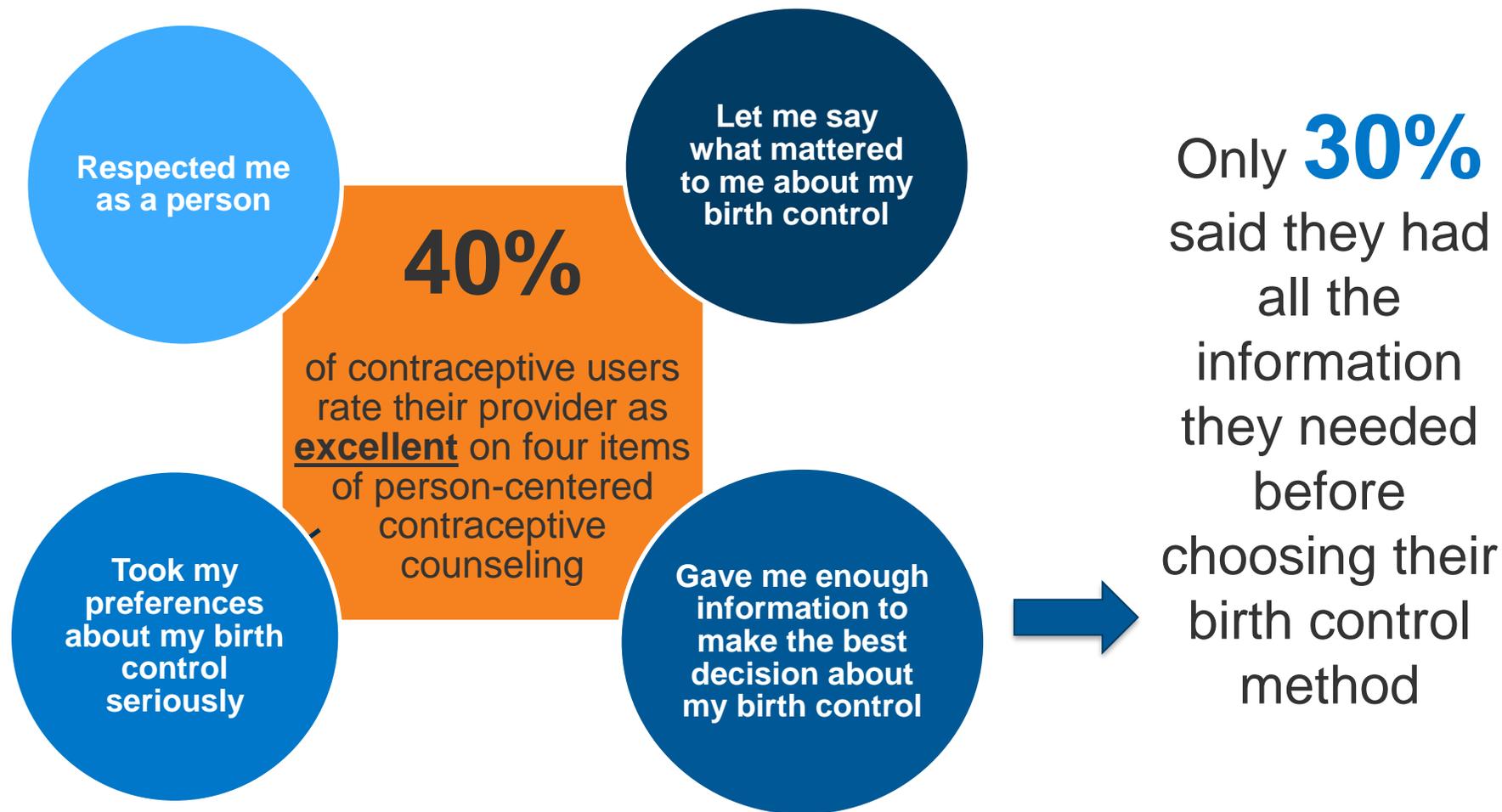


Most Visit A Doctor's Office For Contraceptive Care, But Clinics Play An Important Role for Many Black and Hispanic Females



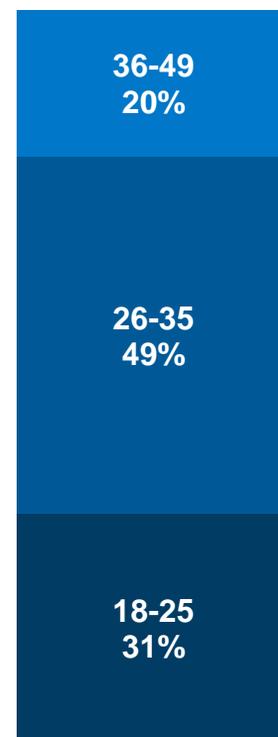
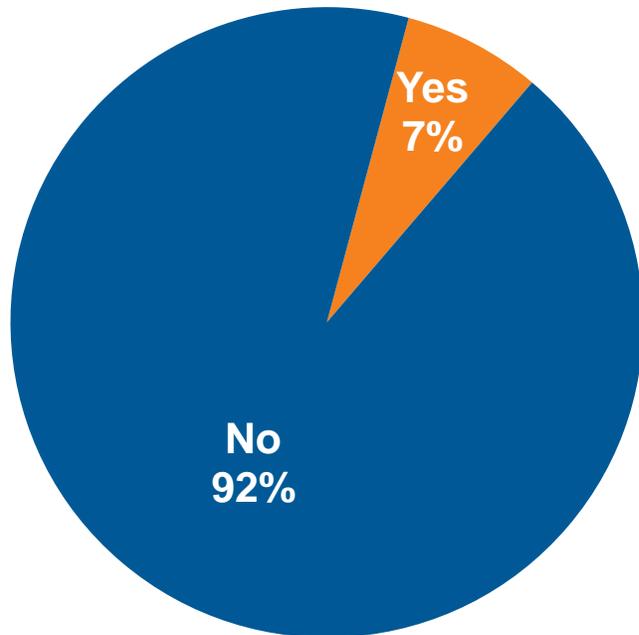
NOTE: Among females ages 18-49 who report using a method of contraception in the past 12 months. Other includes pharmacies, drug stores, or some other place.
 SOURCE: KFF Women's Health Survey 2022

Providing Enough Information to Choose a Method Is an Important Component of Contraceptive Counseling



Small Shares Have Accessed Health Care Services Through Online Prescribing Platforms or Apps, But One Third Have Low Incomes

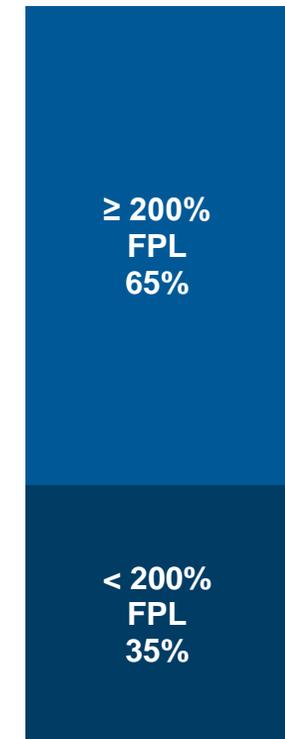
Have received a prescription or health care service through an online prescribing platform or app, such as Nurx, The Pill Club, Roman, or hims/hers



Age



Race/ethnicity



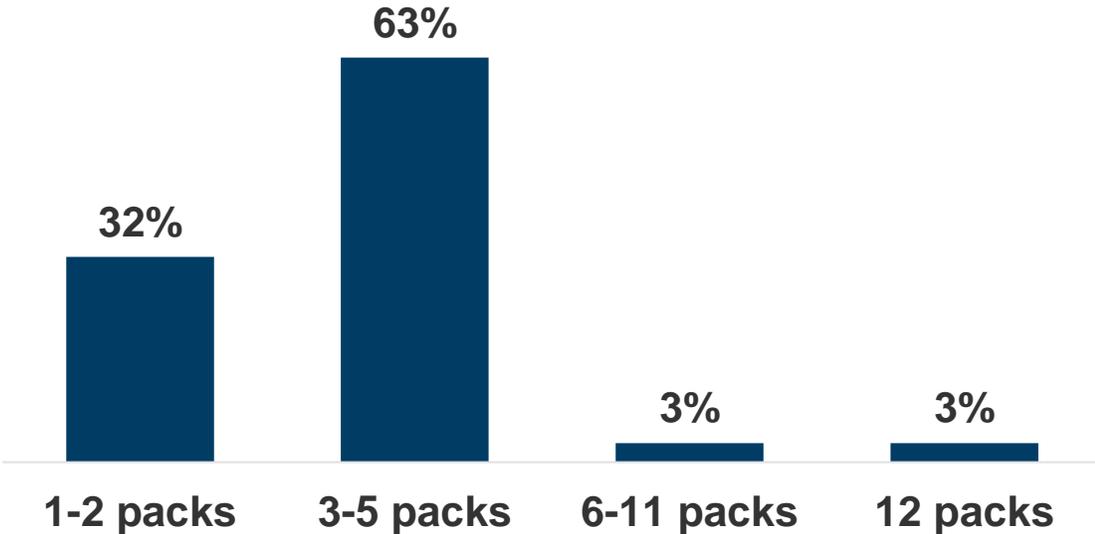
Income

NOTE: Among females ages 18-49. The federal poverty level (FPL) in 2022 for an individual is \$13,590.

SOURCE: KFF Women's Health Survey 2022

Continuous Contraceptive Supply Can Facilitate Use

When you got your last prescription of the pill, how many packs of pills did you receive?



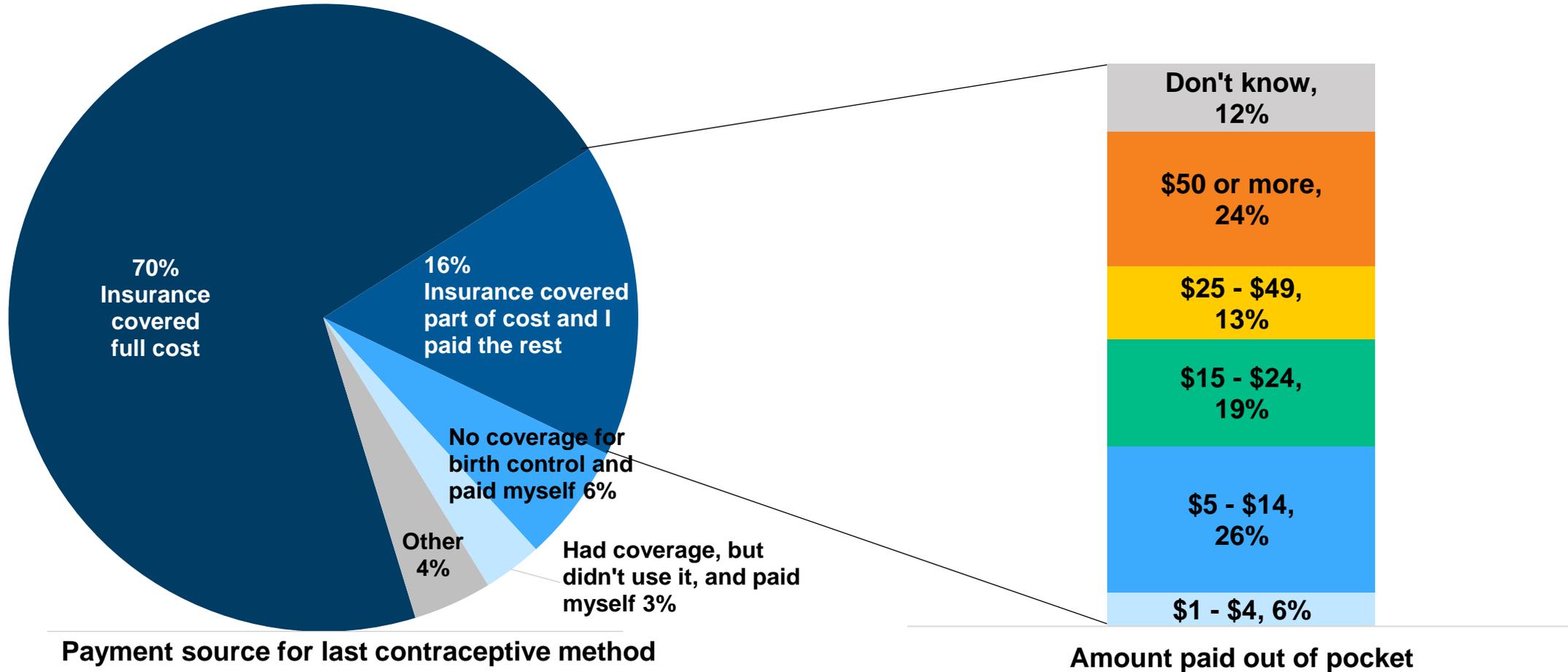
33% of hormonal contraceptive users have missed taking their birth control because they weren't able to get their next supply on time

NOTE: *Estimate is statistically different than reference (Ref) estimate with in group ($p < 0.05$).
SOURCE: KFF Women's Health Survey 2022



Out-of-Pocket Spending on Contraception Can be Substantial Even When Covered by Private Insurance

Insurance coverage and out of pocket spending for most recent contraceptive method among females ages 18-49 with private insurance who have used contraception in past 12 months:



NOTE: Among women ages 18-49 with private insurance who have used contraception in the past 12 months. Excludes those who only used condoms as a contraceptive method in prior 12 months. See questionnaire for full question wording.
SOURCE: KFF Women's Health Survey 2022

While Most People Know Contraceptive Coverage Requirements, a Substantial Share Do Not Know the Policy

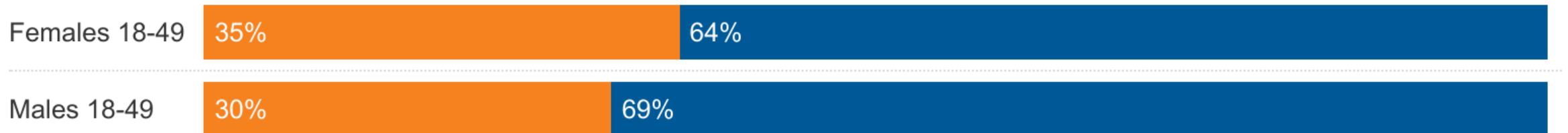
To the best of your knowledge, are most insurance plans required to pay the full cost of each of the following items, or not?

Yes No

Birth control for women (correct answer is yes)



Vasectomy for men (correct answer is no)

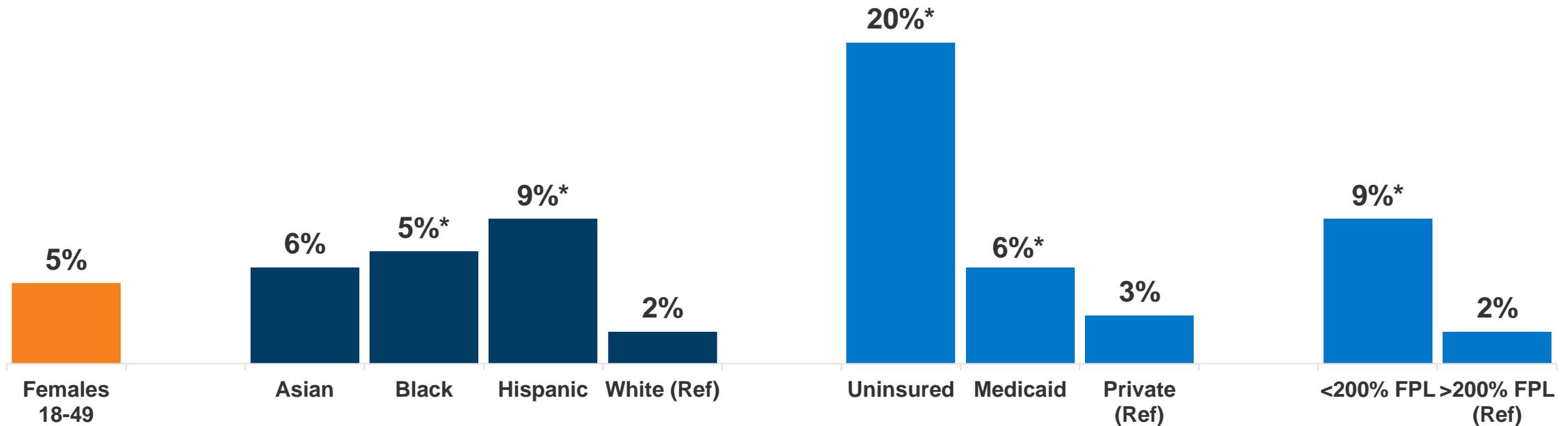


NOTE: Among individuals ages 18-49.

SOURCE: KFF Women's Health Survey 2022

One in Five Uninsured Females Had to Stop Using a Birth Control Method Because They Couldn't Afford It

Share of reproductive age females reporting they had to stop using a birth control method in past 12 months because they couldn't afford it:



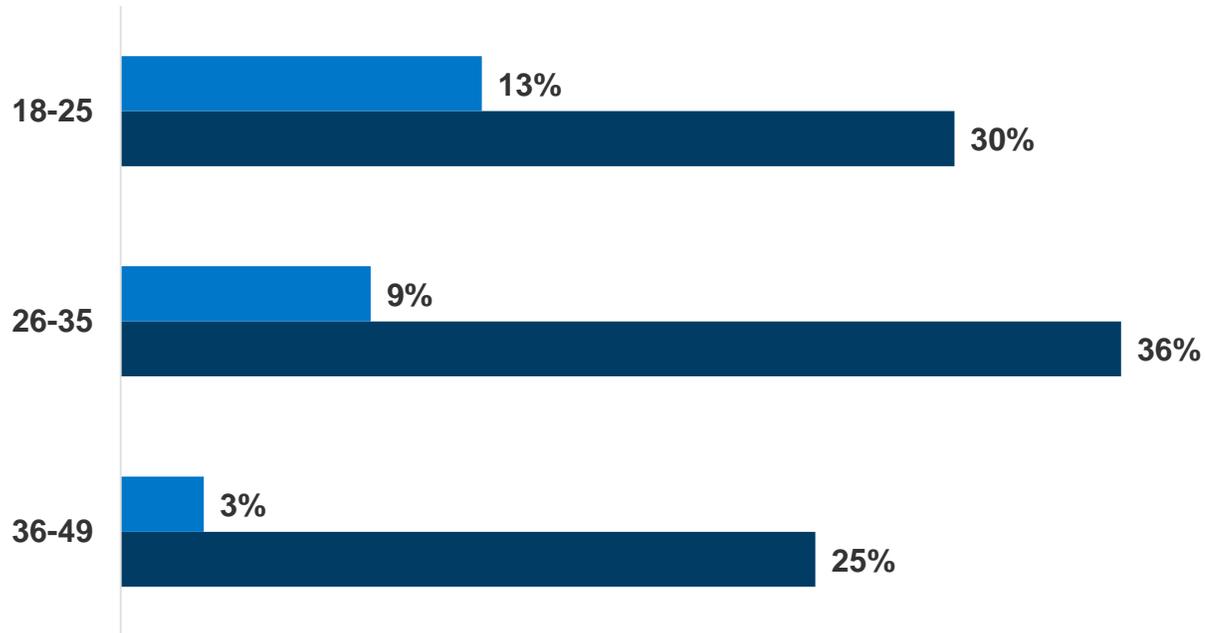
NOTE: Estimate is statistically different than reference (Ref) estimate within group ($p < 0.05$). Persons of Hispanic origin may be of any race, but are categorized as Hispanic for this analysis; other groups are non-Hispanic.

SOURCE: KFF Women's Health Survey 2022

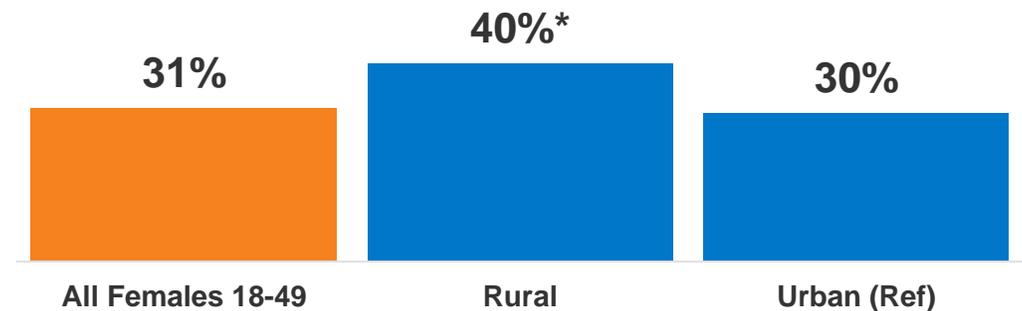
Nearly One-Third of Reproductive-Age Females Do Not Know Where to Get Emergency Contraception Pills if They Wanted to Needed It

Share of females who have used emergency contraception:

■ Used in last 12 months ■ Ever used



Share of females 18-49 who would not know where to get emergency contraception if they wanted or needed it:

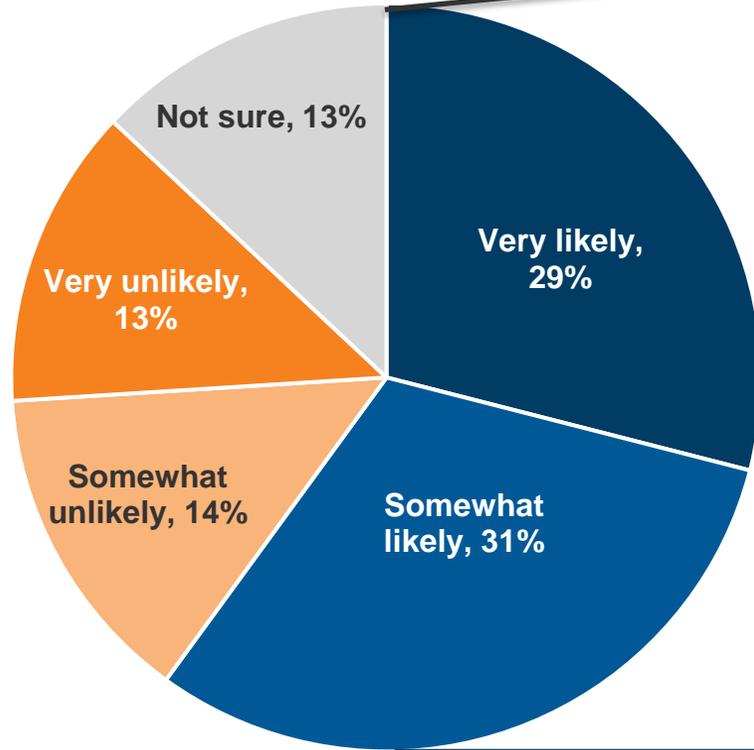


NOTE: Estimate is statistically different than reference (Ref) estimate within group ($p < 0.05$). The 2022 Women's Health Survey was fielded shortly before the Supreme Court's June 24, 2022, Dobbs decision overturning *Roe v. Wade*.

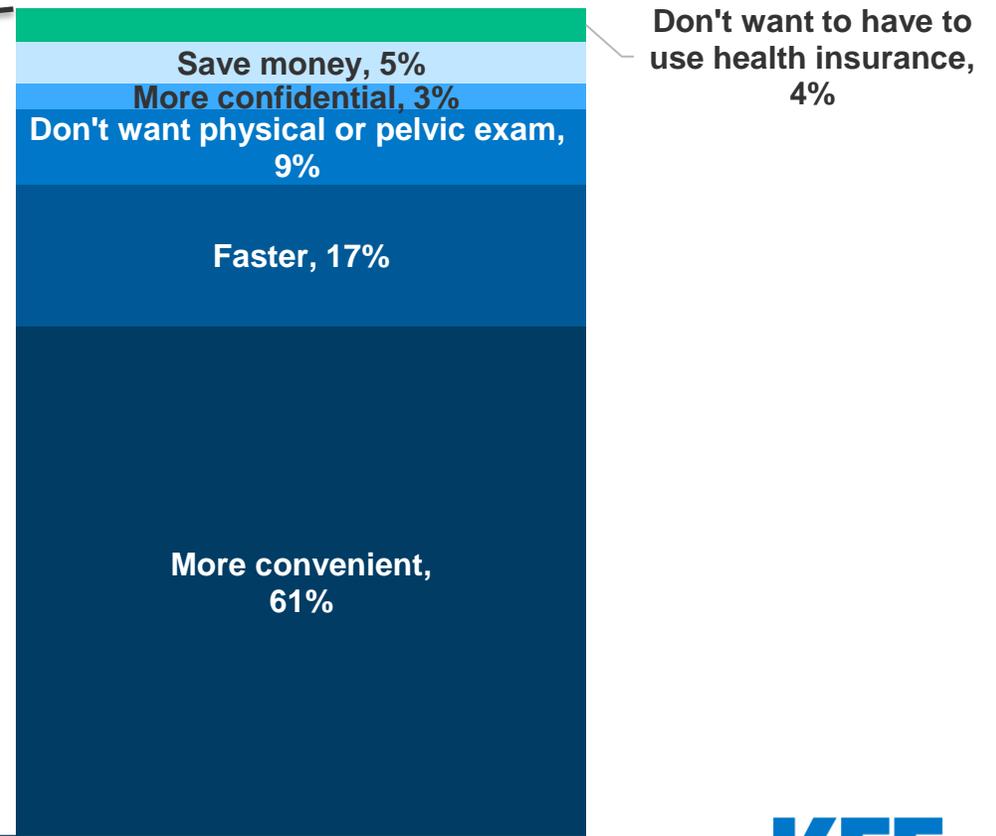
SOURCE: KFF Women's Health Survey 2022

Six in Ten Oral Contraceptive Users Said They Would Be Likely to Use Over-The-Counter Birth Control Pills

If approved by the Food and Drug Administration, how likely would you personally be to use over-the-counter birth control pills that do not require a prescription?



Among those very or somewhat likely to use OTC birth control pills, reasons why

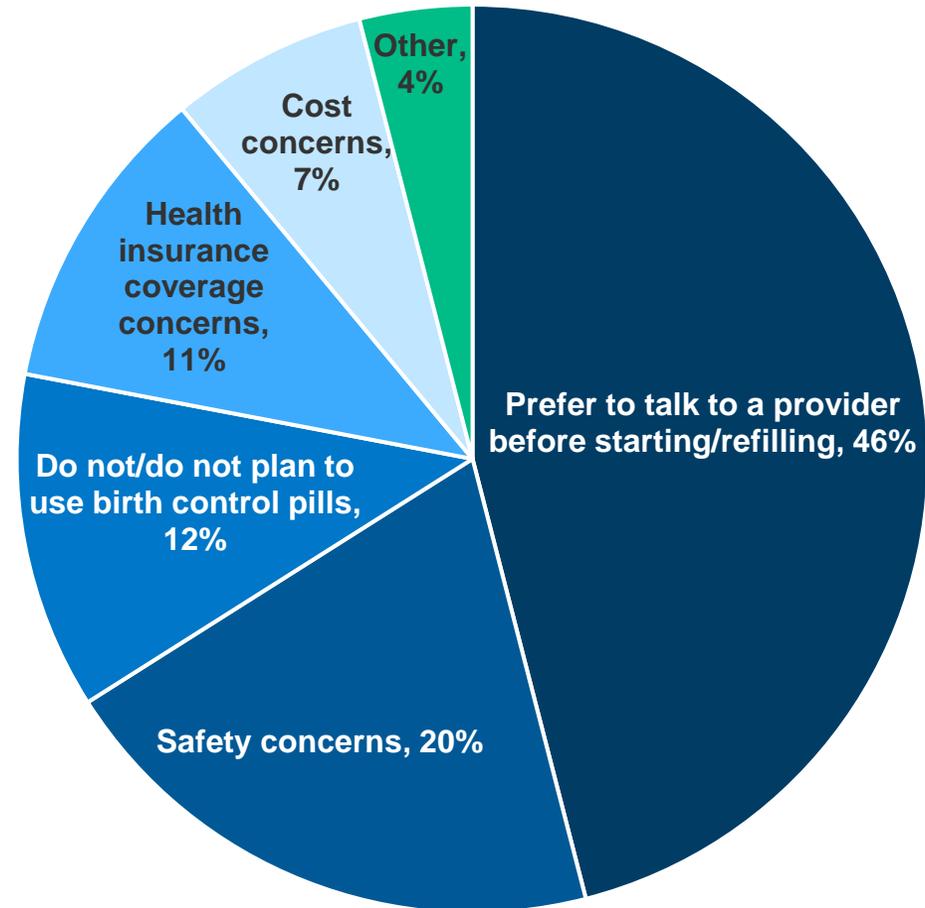


NOTE: Among females ages 18-49 who have used oral contraception in the past 12 months.

SOURCE: KFF Women's Health Survey 2022

Oral Contraceptive Users Unlikely to Use OTC Birth Control Pills or Who Are Unsure Prefer to Talk to a Provider

Among female oral contraceptive users ages 18-49 who say they would be unlikely to use over-the-counter birth control pills or are not sure, main reason why



Key Takeaways on Use and Experiences with Contraception

- **Affordability** – cost remains a barrier to use for some, particularly those who are uninsured or have low incomes
- **Availability** – most don't have access to a 12-month contraceptive supply
- **Informational Needs** – persistent gaps in knowledge of ACA and aspects of methods
- **Coverage** – some people with coverage are still paying out of pocket
- **Patient-Centered Care** – falling short in centering patient needs and preferences
- **Receptivity to new venues for contraception** – avenues for obtaining methods are expanding, but bricks and mortar providers still dominate