SEX IN THE 90s: KAISER FAMILY FOUNDATION/ABC TELEVISION 1998 NATIONAL SURVEY OF AMERICANS ON SEX AND SEXUAL HEALTH

Questionnaire and Topline Results

Methodology

The Kaiser Family Foundation and ABC Television 1998 National Survey of Americans on Sex and Sexual Health is a random-sample telephone survey of 1,204 adults 18 and older living in the United States. It was designed by staff at the Foundation and Princeton Survey Research Associates (PSRA) and conducted by PSRA between April 24 and May 10, 1998. The margin of sampling error is plus or minus 3 percentage points.

INTRODUCTION: Hello, my name is _____ and I=m calling for Princeton Survey Research of Princeton, New Jersey. We are conducting a national opinion survey about some important social issues, like health and family.

First, I have some questions about some social issues in this country . . .

Q1. Unplanned pregnancy and sexually transmitted diseases are bigger problems in the United States than in many other Western countries, and people have many different explanations for why this is so. Please tell me whether YOU think each of the following contributes a lot, some, only a little or not at all to these problems in the U.S.

| | | A <u>lot</u> | Some | Only a <u>little</u> | Not <u>at all</u> | DK/ <u>Ref.</u> | |
|----|--|-----------------|------|----------------------|----------------------|--------------------|------|
| a. | A lack of openness about sex and sexual issues | 35 | 34 | 15 | 12 | 4 | =100 |
| b. | Poverty and poor education | 46 | 29 | 15 | 8 | 2 | =100 |
| c. | A decline in moral values | 65 | 20 | 8 | 5 | 2 | =100 |
| d. | Too much casual sex in the movies and on TV | 55 | 25 | 13 | 6 | 1 | =100 |
| e. | Inadequate sex education in the schools | 32 | 32 | 20 | 13 | 3 | =100 |

- Q2. Do you think the way TV programs show sex and nudity tends to ENCOURAGE irresponsible sexual behavior, DISCOURAGE irresponsible sexual behavior, or don=t you think it has much effect on people=s sexual behavior?
 - 74 Encourages irresponsible sexual behavior
 - 3 Discourages irresponsible sexual behavior
 - No effect
 - <u>3</u> Don=t know/Refused

100

- Q3. In your opinion, if TV characters in entertainment programs are talking about or engaging in sexual activity, should they talk about condoms or make other references to Asafer sex,≅ or NOT?
 - 77 Should
 - 18 Should not
 - 5 Don=t know/Refused

100

- Q4. How well do you think the way sex is usually shown on TV and in the movies reflects your own sex life? Would you say . . .
 - 3 Very well
 - 16 Somewhat well
 - Not too well
 - Not well at all
 - 8 Don=t know /Refused

100

Q5. To what extent do you think TV and movies send the message that... (INSERT). Do you think TV and movies send this message a lot, somewhat, only a little, or not at all?

| | | A <u>lot</u> | Some- what | Only a <u>little</u> | Not at all | DK/ <u>Ref.</u> | |
|----|--|-----------------|---------------|----------------------|---------------|--------------------|------|
| a. | To have a great sex life you must change partners often | 41 | 29 | 14 | 14 | 2 | =100 |
| b. | You can have spontaneous sex without worrying about the consequences | 53 | 25 | 11 | 9 | 2 | =100 |
| c. | Only thin, beautiful people can have great sex | 53 | 22 | 8 | 14 | 3 | =100 |
| d. | Older adults can have great sex | 14 | 31 | 33 | 19 | 3 | =100 |
| e. | To have a Anormal≅ sex drive means always being in the mood for sex | 41 | 31 | 13 | 12 | 3 | =100 |

READ: On a different topic . . .

- Q6. Do you have any children -- either adult children or children who are still growing up?
 - Yes, have children
 - 30 No children
 - * Refused

100

- Q7. Are any of your children age 18 or under?
 - 40 Yes, have children age 18 or under
 - 30 No children under 18
 - 0 Don't know/Refused
 - 30 Have no children at all/DK/Ref

100

Q8. Starting with the older, please tell me the ages of your children who are age 18 or under.

RESULTS NOT REPORTED

AGE OF TARGET CHILD:

READ: Please answer the next few questions thinking about your (AGE) year old . . .

Q9. Have you ever had a conversation about a sexual issue with your (AGE) year old because of something one or both of you saw . . .

Based on parents with at least one child age 8 to 18, (target child chosen randomly for those with more than one child in age range); n=329

| | | Yes | No | Ref. | |
|----|----------------------|-----|----|------|------|
| a. | On the news | 63 | 36 | 1 | =100 |
| b. | On a television show | 70 | 30 | 0 | =100 |

Q10. Thinking about the last time you had a conversation because of something you saw on television, which comes closer to how you felt ...

Based on parents who had a conversation about a sexual topic with target child because of something on TV; n=257

- 65 It was a good opportunity for you and your child to talk about sexual issues
- 31 It raised a sexual issue you did not want to talk about with your child at that time
- <u>4</u> Don=t know/Refused

100

Q11. Thinking about sexual content on television. . . Have you ever (INSERT) because of sexual content you saw (on TV)?

| | | Yes | No | DK/ Ref. | |
|----|---|-----|----|-------------|------|
| a. | Q11a based on parents with at least one child age 18 or under; n=48 Not allowed (one of your children/your child) to watch a certain show | | 24 | * | =100 |
| b. | Q11b-f based on total Turned off the television | 60 | 39 | 1 | =100 |
| c. | Learned something new about a sexual health issue like sexually transmitted diseases or preventing unplanned pregnancy | 46 | 52 | 2 | =100 |
| d. | Talked to a health care provider about a sexual topic | 9 | 91 | 0 | =100 |
| e. | Had a conversation with a sexual partner about a sexual topic | 44 | 54 | 2 | =100 |
| f. | Tried something new sexually | 13 | 85 | 2 | =100 |

READ: Next I have some questions about sex education . . .

- Q12. In general would you say that young people today get information about sex and birth control at...
 - About the right time
 - 24 Too soon
 - 47 Too late
 - <u>7</u> Don=t know/Refused

DIC

Q13. In general do you SUPPORT or OPPOSE sex education courses being taught to . . .

| | | | | DK/ | |
|----|---|----------------|---------------|------|------|
| | | <u>Support</u> | <u>Oppose</u> | Ref. | |
| a. | High school age students that is children age 15 to 18 | 85 | 12 | 3 | =100 |
| b. | Junior high school age students that is children age 12 to 14 | 76 | 21 | 3 | =100 |
| c. | Elementary school age students that is children 6 to 12 | 35 | 60 | 5 | =100 |

Q14. If sex education is taught in HIGH SCHOOLS, do you think it should or should not...

| | | Should | Should Not | DK/ <u>Ref.</u> | Sex education should not be taught at all | |
|----|---|--------|---------------|--------------------|---|----|
| a. | Tell young people NOT to have sexual intercourse before marriage? | 68 | 27 | 4 | 1 =1 | 00 |
| b. | Tell young people who ARE sexually active to use protection, such as condoms, to prevent against pregnancy and disease? | 92 | 5 | 2 | 1 =1 | 00 |
| c. | Teach the basic facts of human reproduction? | 94 | 4 | 1 | 1 =1 | 00 |
| d. | Discuss how to know when you are ready to have sex? | 74 | 19 | 6 | 1 =1 | 00 |
| e. | Discuss how to talk about sex with a partner? | 74 | 21 | 4 | 1 =1 | 00 |

- Q15. Some people believe that whether or not young people are sexually active, they should be given information to protect themselves from unplanned pregnancies and sexually transmitted diseases. Others believe that telling young people about birth control and sexually transmitted diseases only encourages them to have sex. Which come closer to your view?
 - 83 They should be given information
 - 14 Information only encourages them to have sex
 - 3 Don=t know /Refused

Q16. Do you think sex education courses should ONLY teach abstinence -- that is NOT having sex until marriage -- OR should courses teach about BOTH abstinence AND give teens enough information to help them prevent unplanned pregnancies and the spread of sexually transmitted diseases if they DO decide to have sex?

18 Only abstinence

81 Both

_1 Don=t know/Refused

100

Q17. Do you think that HIGH SCHOOL health clinics should provide young people with condoms and other forms of birth control if students ask for them?

57 Yes

40 No

<u>3</u> Don=t know/Refused

100

Q18. In general, at what age do you think most young people have sexual intercourse for the first time? Teens= (13-18) Perceptions

| | | Fall 1997 Survey* |
|-----|--------------------|-------------------|
| 15 | 12 or younger | 2 |
| 11 | 13 | 5 |
| 15 | 14 | 12 |
| 21 | 15 | 18 |
| 17 | 16 | 29 |
| 6 | 17 | 16 |
| 5 | 18 or older | 14 |
| 10 | Don=t know/Refused | _4 |
| 100 | | 100 |
| | | |

*PSRA for The Kaiser Family Foundation and YM Magazine

Q19. When you were growing up, did you have sex education courses in school?

41 Yes

59 No

* Don=t know/Refused

Q20. Still thinking back to when you were growing up, would you say you got a lot of information about sex from (INSERT), some, only a little or no information at all?

| | | A <u>lot</u> | Some | Only a <u>little</u> | No info. | DK/ <u>Ref.</u> | Did not have sex education in school (Q1) | 1 |
|----|---------------------------|-----------------|------|----------------------|----------|--------------------|---|------|
| a. | Sex education in school | | | | | | | |
| | Based on total | 6 | 17 | 16 | 1 | 1 | 59 | =100 |
| | Based on those who had so | ex | | | | | | |
| | ed. in school; n=510 | 15 | 43 | 39 | 2 | 1 | NA | =100 |
| b. | Your parents | 13 | 22 | 27 | 38 | * | NA | =100 |

Q21. Thinking about your (AGE) year old, have you ever talked with him or her about...

Based on parents with at least one child age 8 to 18, (target child chosen randomly for those with more than one child in age range); n=329

| | 3 3 7/ | | | DK/ | |
|------|---|------------------|-----------------|------------------|------|
| | The hasing of named vertice that is Atha hinds and hases | <u>Yes</u> 79 | <u>No</u> 21 | Ref. | _100 |
| a. | The basics of reproduction that is Athe birds and bees≅ | 19 | 21 | 0 | =100 |
| b. | HIV/AIDS and other sexually transmitted diseases | 80 | 20 | 0 | =100 |
| c. | Issues about relationships and becoming sexually active | 63 | 37 | * | =100 |
| d. | The importance of using protection, such as condoms, to prevent pregnancy or disease if they become sexually active | 52 | 48 | 0 | =100 |
| Q22. | When you were growing up did your parents talk with YOU about (INSI | ERT) o | r not? | DK/ | |
| a. | The basics of reproduction that is Athe birds and bees≅ | <u>Yes</u> 41 | <u>No</u> 58 | <u>Ref.</u> 1 | =100 |
| b. | Sexually transmitted diseases | 21 | 78 | 1 | =100 |
| c. | Issues about relationships and becoming sexually active | 31 | 68 | 1 | =100 |
| d. | The importance of using protection, such as condoms, to prevent pregnancy or disease if you became sexually active | 25 | 75 | * | =100 |

- Q23. Compared to your parents when you were growing up, do you think, (you were/you are/you would be) more open with your child(ren) about sex and sexual issues in general, less open, or about as open as your parents were with you?
 - 79 More open
 - 2 Less open
 - 17 About as open
 - 2 Don=t know/Refused 100
- Q24. Americans have different views about sexual issues. For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree. (First/Next)

| | | Strongly agree | Somewhat agree | Somewhat disagree | | DK/ Ref. |
|----|---|----------------|----------------|-------------------|----|-------------|
| a. | Americans overall are uptight about sex and sexual issues | 27 | 36 | 21 | 14 | 2 =100 |
| b. | I personally have a hard time talking about sex and sexual issues | 11 | 22 | 25 | 41 | 1 =100 |
| c. | If Americans were more OPEN talking about sex there would be LESS of a problem with unplanned pregnancy and sexually transmitted diseases in this country | | 27 | 16 | 14 | 2 =100 |
| d. | Sexual issues are private and should only be discussed among intimate couples | 26 | 25 | 25 | 23 | 1 =100 |

- Q25. In general, which do you think makes for a BETTER SEX life. . . .
 - 85 Long-term monogamous relationships
 - 9 Several relationships with different partners over a life time
 - <u>6</u> 100 Don=t know /Refused

Q26. What is your opinion about a married person having sexual relations with someone other than their marriage partner--is it always wrong, almost always wrong, wrong only sometimes, or not wrong at all?

| | | January 1991* |
|----------|--------------------|---------------|
| 79 | Always | 71 |
| 12 | Almost always | 17 |
| 6 | Sometimes | 10 |
| 2 | Not wrong at all | 1 |
| <u>1</u> | Don=t know/Refused | <u> </u> |
| 100 | | 100 |

^{*}PSRA for Troika Productions and Lifetime Television

Q27. For each of the following statements, please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree.

| | | Strongly agree | Somewhat agree | Somewhat disagree | Strongly disagree | |
|----|---|----------------|----------------|-------------------|-------------------|---------|
| a | In general Americans have a hard time talking about sex and sexual issues | 27 | 39 | 19 | 13 | 2 =100 |
| b. | Making sex a forbidden subject only encoura young people to want to have sex | nges 36 | 29 | 18 | 16 | 1 =100 |
| c. | Sometimes it is harder for couples to TALK about sexual issues like birth control and sex | cually | 20 | 17 | 12 | 2 100 |
| | transmitted diseases than to HAVE sex | 29 | 38 | 17 | 13 | 3 = 100 |

READ: Now some questions about you . . .

Q28. How would you rate your SEX life these days? Please use a ten point scale, where ten means great and one means terrible.

```
15
       10
      9
 7
18
      8
      7
11
 7
      6
11
      5
      4
  1
  2
      3
  2
      2
  8
 10
      Not applicable/Abstinent (VOL.)
      Don=t know/Refused
 8
100
```

- Q29. Are you currently married, LIVING AS married, widowed, divorced, separated, or have you never been married?
 - 56 Married

Mean

Median

- 4 Living as married
- 8 Widowed
- 10 Divorced
- 3 Separated
- 19 Never married
- * Gay (VOL.)
- 0 Refused

100

6.77

7.00

Q30. Are you currently involved in a sexual relationship?

Based on those not currently married or living as married; n=479

- 38 Yes60 No
- 2 Don't know/Refused

CURRENT RELATIONSHIP STATUS (Q29, Q30):

- 60 Married/Living as
- 15 Unmarried and involved
- 24 Unmarried and not involved

1 Don=t know/Refused

100

Q31. How long have you (been married /been together with this person)?

Based on those married, living as married, or involved in a sexual relationship; n=916

- 20 2 years or less
- 25 3 to 9 years
- 20 10 to 19 years
- 35 20 years or more
- * Don't know/Refused

100

- Q32. These next few questions are about your sexual health and behavior. Please keep in mind that all of your answers are private. First, have you had sexual intercourse within the last TWELVE months?
 - 75 Yes
 - 20 No

5 Don't know /Refused

100

- Q33. Have you ever had sexual intercourse?
 - 98 Yes
 - 2 No

* Don't know/Refused

100

Q34. Did you have sex before you got married?

Based on those currently or ever married, n=910

- 66 Yes
- 30 No

<u>4</u> Don't know/Refused

Q35. Since you become sexually active, about how many sexual partners have you had? Would you say more than twenty, eleven to twenty, seven to ten, three to six, two or one?

Based on those who have had intercourse; n=1173

- 29 One
- 11 Two
- 24 3 to 6
- 11 7 to 10
- 10 11 to 20
- 9 More than 20
- 6 Don't know/Refused

100

Q36.How often (do you and your spouse /do you and your partner/did you and your most recent partner) have sex . . .

Based on those who have had intercourse (excluding widows and widowers not currently involved in a relationship); n=1109

- 9 Everyday or almost everyday
- 33 Several times a week
- About once a week
- 11 About once a month
- 10 Less often than that
- 9 Don't know/Refused

100

- Q37. In general, how do think you compare with most of Americans your AGE...
 - a. Are you MORE comfortable talking about sexual issues than most Americans your AGE, LESS comfortable, or about as comfortable?
 - 34 More comfortable
 - 10 Less comfortable
 - About as comfortable
 - 5 Don=t know/Refused

Question 37 continued . . .

b. Do you think (you and your spouse have/you and your partner have/you and your most recent partner had) a BETTER sex life than most of Americans your age, NOT as good as sex life, or about the same?

Based on those who have had intercourse (excluding widows and widowers not currently involved in a relationship); n=1109

- 29 Better
- 9 Not as good
- About the same
- 9 Don=t know/Refused

100

- Q38. How often do you think the average American couple your AGE has sex . . .
 - 7 Everyday or almost everyday
 - 28 Several times a week
 - 36 About once a week
 - 10 About once a month
 - 4 Less often than that
 - 15 Don't know / Refused

100

Q39. Thinking about (your SEXUAL relationship with your spouse, how often do you feel that the SEXUAL relationship is/your SEXUAL relationship with your partner, how often do you feel that the SEXUAL relationship your most recent SEXUAL relationship, how often did you feel that the SEXUAL relationship was) (INSERT) always, often, sometimes, or hardly ever?

Based on those who have had intercourse (excluding widows and widowers not currently involved in a relationship); n=1109

| | | | | Some- | Hardly | Never | DK/ | |
|----|------------|---------------------|-------------|-------------|------------------|---------------------|------------------|------|
| a. | Loving | <u>Always</u> 62 | Often 17 | times 12 | <u>ever</u> 4 | (<u>VOL.)</u> 1 | <u>Ref.</u> 4 | =100 |
| b. | Passionate | 40 | 26 | 21 | 6 | 1 | 6 | =100 |
| c. | Routine | 10 | 13 | 32 | 32 | 6 | 7 | =100 |
| d. | Creative | 19 | 22 | 37 | 12 | 2 | 8 | =100 |

Q40. How often (do you and your spouse/do you and your partner/did you and your most recent partner) (INSERT) very often, often, sometimes, or hardly ever?

Based on those who have had intercourse (excluding widows and widowers not currently involved in a relationship); n=1109

| | | Very often | Often | Some- times | Hardly ever | Never (VOL.) | DK/ Ref. | |
|----|---|---------------|-------|----------------|-------------|--------------|-------------|------|
| a. | Do romantic things like eat by candlelight | 8 | 18 | 35 | 30 | 6 | 3 | =100 |
| b. | Act out your fantasies together | 4 | 10 | 28 | 39 | 12 | 7 | =100 |
| c. | Based on women; n=564 Wear sexy lingerie | 9 | 10 | 28 | 35 | 12 | 6 | =100 |
| d. | Try different sexual positions | 11 | 19 | 35 | 23 | 4 | 8 | =100 |
| e. | Read books or watch videos about improving your sex life | 2 | 3 | 14 | 52 | 26 | 3 | =100 |
| f. | Go out on special evenings or Adates≅ or go away for weekends alone | 11 | 22 | 37 | 22 | 5 | 3 | =100 |

Q41. Still thinking about (your sexual relationship with your spouse, your sexual relationship with your partner/your most recent sexual relationship) please tell me whether each of the following topics is something you would (like/have liked) to talk about MORE, something you (talk/talked) about enough, or something that you (don=t/didn=t) need to talk about at all?

Based on those who have had intercourse (excluding widows and widowers not currently involved in a relationship); n=1109

| | Consequence of AIDS and HIV and a | <u>More</u> | Enough | No need to talk about | DK/ <u>Ref.</u> | |
|----|---|-------------|--------|-----------------------|--------------------|------|
| a. | Concerns about AIDS or HIV or other sexually transmitted diseases | 12 | 34 | 51 | 3 | =100 |
| b. | Birth control | 8 | 27 | 62 | 3 | =100 |
| c. | Your sex life generally | 19 | 44 | 33 | 4 | =100 |
| d. | Your sexual wants and desires | 21 | 45 | 30 | 4 | =100 |

READ: Now I have just a few more questions so we can learn more about the people who took part in our survey . . .



- 48 MALE
- 52 FEMALE

100

- Q43. And, what is your age?
 - 23 18-29
 - 21 30-39
 - 19 40-49
 - 14 50-59
 - 22 60 plus
 - 1 Refused

100

- Q44. What is the LAST grade or class you completed in school?
 - 4 None, or grade 1 to 8
 - High school incomplete (Grades 9 11)
 - 34 High school graduate (Grade 12), GED
 - 3 Business, technical or vocational school after high school
 - 23 Some college, no four-year degree
 - 14 College graduate, four-year degree
 - 8 Post-graduate or professional schooling, after college
 - 1 Don't know/Refused

100

- Q45. Are you, yourself, of Hispanic or Latino background, such as Mexican, Puerto Rican, Cuban, or some other Spanish background?
 - 7 Yes
 - 92 No
 - 1 Don=t know/Refused

| Q46. | What | is your race? Are you white, black or African American, Asian or some other race? |
|------|------|---|
| | 84 | White |
| | 11 | Black |
| | 1 | Asian |
| | 3 | Other or Mixed race |
| | 1 | Don=t know/Refused |

- Q47. Last year, that is in 1997, what was your total family income from all sources, BEFORE taxes? Just stop me when I get to the right category.
 - 6 Less than \$10,000 \$10,000 to under \$20,000 12 \$20,000 to under \$30,000 18 \$30,000 to under \$40,000 16 18 \$40,000 to under \$60,000 \$60,000 to under \$100,000 13 6 \$100,000 or more 11 Don=t know /Refused

100

100

READ: Thank you very much for taking the time to answer the questions on this survey. We really appreciate it. Have a nice day/evening.