

TABLE 4: HEALTH PROMOTION SERVICES (as of January 2013)

State	Healthy diet counseling		Obesity screening and counseling		Tobacco use counseling and interventions		Alcohol misuse counseling		Folic Acid Supplementation	
	Covers	Copay	Covers	Copay	Covers	Copay	Covers	Copay	Covers	Copay
Alabama	N	-	N	-	N	-	N	-	N	-
Alaska	N	-	Y	Y	Y	Y	Y	Y	Y	Y
Arizona ¹	Y	N	Y	N	Y	N	Y	N	Y	NR
Arkansas ²	N	-	N	-	Y	N	N	-	N	-
California	Y- SPA	N	Y- SPA	N	Y- SPA	N	Y- SPA	N	Y- SPA	N
Colorado ³	N	-	N	-	N	-	Y	Y	Y	Y
Connecticut	Y	N	Y	N	Y	N	Y	N	N	N
Delaware	Y	N	Y	N	Y	N	Y	N	Y	Y
DC ⁴	N	-	N	-	N	N	Y	N	Y	N
Hawaii ⁵	Y	N	Y	N	Y	N	Y	N	Y	N
Idaho ⁶	N	N	N	N	N	-	Y	N	Y	N
Illinois ⁷	Y	N	Y	N	Y	N	Y	N	Y	N
Iowa ⁸	Y	Y	Y	Y	Y	N	Y	N	Y	N
Kentucky ⁹	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Maine ¹⁰	Y	N	Y	N	Y	N	Y	N	Y	N
Maryland ¹¹	Y	N	Y	N	Y	N	Y	N	N	-
Massachusetts ¹²	Y	N	Y	N	Y	N	Y	N	Y	Y
Michigan ¹³	N	-	N	-	Y	N	Y	Y	N	-
Minnesota	Y	N	Y	N	Y	N	Y	N	Y	N
Mississippi	N	-	N	-	Y	Y	N	-	Y	Y
Missouri ¹⁴	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Montana	Y	Y	Y	Y	Y	Y	Y	Y	N	-
Nevada ¹⁵	Y	N	Y	N	Y	N	Y	N	Y	N
New Hampshire	Y- SPA	N	Y- SPA	N	Y- SPA	N	Y- SPA	N	Y- SPA	N
New Jersey	Y- SPA	N	Y- SPA	N	Y- SPA	N	Y- SPA	N	Y- SPA	N
New York	Y- SPA	N	Y- SPA	N	Y- SPA	N	Y- SPA	N	Y- SPA	N
North Carolina ¹⁶	Y	N	Y	N	Y	Y	Y	NR	Y	NR
North Dakota ¹⁷	N	Y	N	Y	N	Y	N	Y	Y	N
Oklahoma	Y	N	Y	N	Y	N	Y	N	Y	N
Oregon	Y	N	Y	N	Y	N	Y	N	Y	N
Pennsylvania ¹⁸	Y	Y	Y	Y	Y	N	Y	Y	Y	Y
Rhode Island	Y	N	Y	N	Y	N	N	N	Y	N
South Dakota	N	-	N	-	N	-	N	-	Y	NR
Tennessee ¹⁹	Y	N	Y	N	Y	N	Y	N	Y	N
Texas ²⁰	Y	N	Y	N	Y	N	Y	N	Y	N
Utah	N	-	N	-	Y	N	N	-	N	-
Virginia ²¹	Y	Y	Y	Y	Y	Y	Y	Y	N	-
Washington ²²	Y	N	Y	N	Y	N	Y	N	Y	N
West Virginia	Y	N	Y	N	Y	N	Y	N	Y	N
Wyoming	N	-	N	-	Y	N	Y	N	N	-
Covers Service	28		29		34		33		31	
Requires no copay	23		23		28		25		21	

NOTES: States that report not covering a service are automatically coded as “-” in copay columns. NR - the state did not respond on the related service or copay. All responses refer to adult coverage in Medicaid Fee-For-Service as of January of 2013; see methodology section for more information. No data for FL, GA, IN, KS, LA, NE, NM, OH, SC, VT, and WI.

SOURCE: KCMU/HMA Survey of State Medicaid Coverage of Adult Preventive Services, January 2013.

Table 4 Notes

- 1) Arizona - The state noted that all services listed here are not billed separately but as part of an evaluation and management code claim.
- 2) Arkansas - The state indicated that tobacco use counseling and interventions cover four counseling visits.
- 3) Colorado - The state currently makes tobacco use counseling and interventions available for pregnant women and the folic acid supplementation service is provided in office visit.
- 4) District of Columbia - The state noted that a SPA submission is pending to cover tobacco use counseling and interventions.
- 5) Hawaii - The state noted that not every service is billable CPT but would be incorporated into an evaluation and management visit.
- 6) Idaho - The state noted that healthy diet counseling is only allowed for two visits a year for pregnant women. Obesity screening and counseling is allowed as a preventive health visit. And tobacco use counseling and interventions are allowed for pregnant women and children only.
- 7) Illinois - The state noted that healthy diet counseling, obesity screening and counseling, tobacco use counseling and interventions, and alcohol misuse counseling are currently covered as a component or anticipatory guidance given during an office visit. It also noted that there is no co-pay if billed as preventive visit, otherwise a co-pay is applied.
- 8) Iowa - The following services are payable but require an appropriate supporting diagnosis code and are not an unsupported screening: tobacco use counseling and interventions and folic acid supplementation. Healthy diet counseling is billable by physician when provided by registered dietician in the office.
- 9) Kentucky - The state exempts individuals under 18 years of age.
- 10) Maine - The state noted that there may not be unique procedure codes to identify the specific service(s) or they may be incidental to the office visit of the day. Copays are charged for hospital services, FQHCs and RHCs, but not for physician services, nursing facilities, ICF-IDs, and Indian Health Centers. Members are also exempt from co-payment for family planning services and supplies, and for services furnished to individuals under 21, pregnant women up to 3 months post-partum.
- 11) Maryland - All of the services, immunizations and tests listed are covered when medically necessary for adults. The state covers two tobacco counseling and substance/alcohol abuse SBIRT codes. It covers liquid for folic acid supplementation.
- 12) Massachusetts - The state noted copays apply to tobacco cessation medications but are not applied to related counseling. It also noted that folic acid supplementation copays apply, unless member is exempt from cost sharing.
- 13) Michigan - The state noted that alcohol misuse and treatment is included in the office visit.
- 14) Missouri - The state noted that the following services were covered during an office visit: alcohol misuse counseling, healthy diet counseling, and obesity screening and counseling. The state charges copays ranging from \$0.50 - \$2 for the following services: alcohol misuse counseling, healthy diet counseling, obesity screening and counseling, tobacco use counseling and interventions, and folic acid supplementation. It also noted that the member must be on the approved OTC drug list for folic acid supplementation.
- 15) Nevada - The state noted that tobacco use counseling and interventions are code specific for pregnant women.
- 16) North Carolina - The following services are covered, though not as distinct services: healthy diet counseling (except for pregnant women, children through 20 years of age, and post-partum beneficiaries), and obesity screening and counseling. The state indicated that prenatal vitamins that include folic acid are covered.
- 17) North Dakota - The state indicated that payment for the following services are included in the payment for office and other outpatient evaluation and management services: healthy diet counseling, obesity screening and counseling, tobacco use counseling and interventions, and alcohol misuse counseling.
- 18) Pennsylvania - The state noted that the following services are covered as part of the office visit, but are not covered separately: alcohol misuse counseling, healthy diet counseling, obesity screening and counseling.
- 19) Tennessee - The state noted that all services listed here are provided as medically necessary.
- 20) Texas - The state noted that the all services listed here are provided once per rolling year.
- 21) Virginia - Copays for healthy diet counseling, obesity screening and counseling, tobacco use counseling and interventions (covered for pregnant women only), and alcohol misuse counseling are listed at \$1.
- 22) Washington - The state indicated that healthy diet counseling, obesity screening and counseling, and alcohol misuse counseling are all included in evaluation and management visits.