# Appendix A



1.

2.

THE KAISER COMMISSION ON Medicaid and the Uninsured

| Follows the Person (MFP)<br>to highlight recent state e<br>again, we a        | n Medicaid and the Uninsured (KCMU) is conducting a survey of state Money<br>demonstrations. This is the fifth KCMU survey conducted since 2008 that seeks<br>speriences and trends in Medicaid home and community-based services. Once<br>re requesting your assistance in completing the following survey.<br>Questions regarding the survey can be directed to:<br>falley Watts (703) 371-8596 or Erica Reaves at (202) 347-5270. |
|---|--|
| Please return comple  | ed surveys by THURSDAY, AUGUST 29th to: momalley8@gmail.com.   |
| State   | Name   |
| Phone   | Email  |
| <ul><li>b. If not operational, wh</li><li>c. In the spaces provided</li></ul> | ar program became operational:<br>a not and when do you intend to be operational?<br>, please list the <i>initial</i> MFP funding amount awarded to your state<br><i>additional</i> MFP funding through FY 2016 as part of the Affordable Care<br>().  |
| IFP Services  |  |
|   | n your state receive the following services? ( <i>check all that apply</i> )<br>State plan Demonstration Supplemental  |
| b. Did your state add or  | nodify MFP services over the past year? If so, please explain the changes:   |
|   |  |
|   |  |

#### **3. MFP Transitions by Population**

|   | Total | Seniors | Individuals with<br>Physical Disabilities | Individuals with<br>Intellectual/<br>Developmental<br>Disabilities | Individuals with<br>Mental Illness |
|---|-------|---------|---|--|------------------------------------|
| Cumulative Transitions<br>Completed                     |       |         |   |  |                                    |
| Transitions in Progress                                 |       |         |   |  |                                    |
| Rate of<br>Reinstitutionalization                       |       |         |   |  |                                    |
| Average Age of MFP<br>participants                      |       |         |   |  |                                    |
| Average Number of<br>Days to Transition to<br>Community |       |         |   |  |                                    |
| Housing Option Most<br>Likely to Transiton To           |       |         |   |  |                                    |

- b. How do you expect MFP enrollment to change in the year ahead?
- c. Describe efforts to increase outreach and services to all MFP populations (e.g., peer-to-peer counseling, nursing facility social worker training, MCO staff training, etc.):
- d. Is your state trying to increase transitions for people with mental illness?
  Yes No Don't Know If yes, please describe efforts to increase outreach and services to this population:

## 4. Options for Self-Direction in MFP

- a. Does your program offer self-directed options to MFP participants? Yes No Estimate the percentage of current MFP participants who self-direct some or all of their services: \_\_\_\_\_%
- b. Has this percentage changed over the past year?

## 5. Community Housing Options for MFP Participants

- a. Describe the *key steps* your state has taken to provide safe, affordable, and accessible housing for MFP participants: \_\_\_\_\_\_
- b. Do you employ a housing coordinator under MFP to help with transitions?
   Yes No

### 6. MFP Participant Per Capita Costs

|                      | Total | Seniors | Individuals with<br>Physical<br>Disabilities | Individuals with<br>Intellectual/<br>Developmental<br>Disabilities | Individuals with<br>Mental Illness |
|----------------------|-------|---------|--|--|------------------------------------|
| Average Monthly Cost |       |         |  |  |                                    |

a. How does this total cost compare to the cost for institutional beneficiaries?

Higher Comparable Lower

b. How does this total cost compare to the cost for other HCBS beneficiaries?

| Higher | Comparable | Lower |
|--------|------------|-------|
| Inghor | Comparable |       |

#### 7. MFP Quality Measures

Describe any measures or activities your state is currently using to assess quality after MFP community placement (e.g., quality of life survey, tracking system, monitoring of staff and assessing barriers to transition, etc.):

#### 8. Community-Based Workforce

- b. Please describe strategies to address workforce issues:

## 9. Health Reform Opportunities

a. Please list the status of the following ACA options to expand access to home and community-based long-term services and supports (LTSS) in your state. (*Check all that apply*):

| LTSS State Options  | Planning to<br>Pursue | Operational | Inactive |
|---|-----------------------|-------------|----------|
| Community First Choice State Plan Option<br>(Section 1915(k))   |                       |             |          |
| State Balancing Incentive Program   |                       |             |          |
| HCBS State Plan Option (Section 1915(i))  |                       |             |          |
| Health Home State Plan Option   |                       |             |          |
| Financial Alignment Demonstration for Dually<br>Eligible Beneficiaries (or ''Duals<br>Demonstrations'') |                       |             |          |

| b. | Is your state experiencing any challenges coordinating the administration of the above |  |
|----|--|--|
|    | ACA LTSS options with MFP? Yes No N/A If yes, please briefly                           |  |
|    | describe these challenges:   |  |

- c. Is your state partnering with Aging and Disability Resource Centers (ADRCs) to help identify MFP participants? 
  Yes No
  Comments:
- d. Is your state operating or planning to implement a managed LTSS (MLTSS) program that will include MFP participants? Yes No If yes, please briefly describe the program:
- e. Is your state experiencing any challenges coordinating an MLTSS program with MFP?

| Yes | No No | □ N/A | If yes, please brief | ly describe these challenges: |
|-----|-------|-------|----------------------|-------------------------------|
|-----|-------|-------|----------------------|-------------------------------|

#### **10. Impact of the Economic Downturn**

| Has your MFP demonstration had to make any changes or cutbacks due to fiscal concerns |       |            |  |  |  |
|---|-------|------------|--|--|--|
| (e.g., limiting enrollment, reducing services, et                                     | tc.)? |            |  |  |  |
| Yes Possibly Yes Not Likely   | 🗌 No  | Don't know |  |  |  |
| If yes or possibly yes, please describe:  |       |            |  |  |  |

#### **11. Future Outlook**

- a. What are the most significant issues or challenges facing your MFP program in the coming year?
- b. What are your state's plans to continue transitioning Medicaid beneficiaries from institutions to the community after 2016, when MFP is scheduled to expire?

\_\_\_\_\_

Thank you for your participation in this survey.