Figure 1

## Two of five seniors report not taking medications as prescribed

Poor experiences with drugs and costs contribute to non-adherence

Percent of seniors who say they:


Note: $\mathrm{Rx}=$ prescription medication. Low income is 200 percent of the federal poverty or less.
SOURCE: Kaiser/Commonwealth/Tufts-New England Medical Center 2003 National Survey of Seniors and Prescription Drugs.

## Seniors - especially those with 3 or more chronic conditions - rely heavily on medications

Many have multiple prescribing doctors and use more than 1 pharmacy


Note: $\mathrm{Rx}=$ prescription medication. Low income is 200 percent of the federal poverty level or less.
SOURCE: Kaiser/Commonwealth/Tufts-New England Medical Center 2003 National Survey of Seniors and Prescription Drugs.

## Drug coverage matters: Seniors without drug coverage report higher rates of non-adherence than those with drug coverage

Percent of seniors not filling medications or skipping or taking smaller doses due to costs:


Note: $\mathrm{Rx}=$ prescription medication. Low income is 200 percent of the federal poverty level or less.
SOURCE: Kaiser/Commonwealth/Tufts-New England Medical Center 2003 National Survey of Seniors and Prescription Drugs.

Figure 4
Sources of drug coverage for seniors vary by state

| Source of <br> Rx Covg. | US <br> Total | CA | CO | FL | IL | LA | MI | NY | OH | PA | TN | TX | WA |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total Senior Population |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No Rx <br> Coverage | $27 \%$ | $22 \%$ | $24 \%$ | $28 \%$ | $27 \%$ | $35 \%$ | $21 \%$ | $16 \%$ | $29 \%$ | $20 \%$ | $31 \%$ | $30 \%$ | $36 \%$ |
| Employer | $29 \%$ | $30 \%$ | $26 \%$ | $27 \%$ | $29 \%$ | $26 \%$ | $47 \%$ | $37 \%$ | $38 \%$ | $24 \%$ | $25 \%$ | $27 \%$ | $24 \%$ |
| Medicaid | $7 \%$ | $12 \%$ | $4 \%$ | $4 \%$ | $8 \%$ | $7 \%$ | $5 \%$ | $7 \%$ | $4 \%$ | $3 \%$ | $10 \%$ | $8 \%$ | $4 \%$ |
| HMO | $9 \%$ | $21 \%$ | $22 \%$ | $11 \%$ | $3 \%$ | $6 \%$ | $1 \%$ | $13 \%$ | $6 \%$ | $19 \%$ | $5 \%$ | $4 \%$ | $9 \%$ |
| Other | $28 \%$ | $15 \%$ | $24 \%$ | $30 \%$ | $33 \%$ | $26 \%$ | $26 \%$ | $27 \%$ | $23 \%$ | $34 \%$ | $29 \%$ | $31 \%$ | $27 \%$ |
|  |  | Low-Income Senior Population $(<200 \%$ | Of Poverty) |  |  |  |  |  |  |  |  |  |  |
| No Rx <br> Coverage | $33 \%$ | $24 \%$ | $33 \%$ | $37 \%$ | $27 \%$ | $44 \%$ | $27 \%$ | $17 \%$ | $42 \%$ | $19 \%$ | $37 \%$ | $41 \%$ | $42 \%$ |
| Employer | $16 \%$ | $7 \%$ | $11 \%$ | $15 \%$ | $13 \%$ | $13 \%$ | $31 \%$ | $22 \%$ | $23 \%$ | $14 \%$ | $14 \%$ | $10 \%$ | $16 \%$ |
| Medicaid | $15 \%$ | $37 \%$ | $11 \%$ | $11 \%$ | $16 \%$ | $15 \%$ | $11 \%$ | $17 \%$ | $8 \%$ | $7 \%$ | $20 \%$ | $18 \%$ | $12 \%$ |
| HMO | $8 \%$ | $21 \%$ | $26 \%$ | $14 \%$ | $4 \%$ | $6 \%$ | $2 \%$ | $17 \%$ | $8 \%$ | $20 \%$ | $6 \%$ | $5 \%$ | $8 \%$ |
| Other | $28 \%$ | $11 \%$ | $19 \%$ | $23 \%$ | $40 \%$ | $22 \%$ | $29 \%$ | $27 \%$ | $19 \%$ | $40 \%$ | $23 \%$ | $26 \%$ | $22 \%$ |

Note: "Other" includes Medigap, VA benefits, state pharmacy assistance, and coverage that could not otherwise be classified.
SOURCE: Kaiser/Commonwealth/Tufts-New England Medical Center 2003 National Survey of Seniors and Prescription Drugs.

Figure 5

## Nationally, five percent of seniors obtain drugs from Canada or Mexico, but rates vary by state



SOURCE: Kaiser/Commonwealth/Tufts-New England Medical Center 2003 National Survey of Seniors and Prescription Drugs.

Figure 6
Prescription Medication Use, Spending, Cost-Related Skipping and Reimportation by Source of Coverage, Nationwide and by State ${ }^{\text {a }}$ (2003)

|  |  | National Total | NY | PA | IL | MI | FL | CA | OH | TN | LA | TX | CO | WA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| (1) | TOTAL | n=17569 | n=1457 | n=1013 | n=969 | n=1132 | $\mathrm{n}=1000$ | $\mathrm{n}=1396$ | $\mathrm{n}=1061$ | n=1087 | $\mathrm{n}=1093$ | n=991 | $\mathrm{n}=1260$ | $\mathrm{n}=1193$ |
|  | Number of prescriptions (mean) | 4.7 | 4.6 | 4.9 | 4.7 | 4.7 | 4.7 | 4.4 | 4.7 | 4.9 | 5.0 | 4.9 | 4.3 | 4.4 |
|  | Spending \$100+ per month on prescriptions (\%) | 31.5 | 25.4 | 33.0 | 32.1 | 21.5 | 32.9 | 23.4 | 31.6 | 36.5 | 40.1 | 38.2 | 27.6 | 31.3 |
|  | Any cost-related Rx skipping (\%) | 26.3 | 22.8 | 23.0 | 24.9 | 21.5 | 30.4 | 21.7 | 25.1 | 29.7 | 28.7 | 28.9 | 23.2 | 20.8 |
|  | Bought Rx from Canada or Mexico (\%) | 5.0 | 2.2 | 3.1 | 5.3 | 3.9 | 9.9 | 5.6 | 5.1 | 2.6 | 3.1 | 7.3 | 7.7 | 10.6 |
| (2) | NO COVERAGE | $\mathrm{n}=4836$ | $\mathrm{N}=244$ | n=185 | $\mathbf{n = 2 3 0}$ | n=261 | n=287 | n=290 | $\mathrm{n}=298$ | n=333 | $\mathrm{n}=392$ | n=331 | n=312 | n=412 |
|  | Number of prescriptions (mean) | 4.0 | 3.4 | 4.3 | 3.8 | 4.2 | 3.6 | 3.4 | 4.3 | 4.2 | 4.5 | 4.2 | 4.1 | 3.7 |
|  | Spending \$100+ per month on prescriptions (\%) | 49.9 | 44.1 | $\underline{67.1}$ | 58.4 | 48.9 | 46.8 | 46.4 | 47.7 | 53.3 | 57.9 | 53.3 | 46.1 | 44.4 |
|  | Any cost-related Rx skipping (\%) | 36.8 | 33.9 | 30.9 | 32.7 | 38.4 | 41.7 | 25.3 | 41.4 | 37.3 | 37.6 | 42.6 | 33.4 | 32.7 |
|  | Bought Rx from Canada or Mexico (\%) | 10.5 | 10.9 | 12.5 | 12.6 | 9.6 | 17.3 | 12.8 | 9.9 | 5.0 | 5.8 | 12.4 | 18.7 | 17.0 |
| (3) | EMPLOYER-SPONSORED COVERAGE | $\mathrm{n}=4091$ | n=429 | n=204 | $\mathrm{n}=210$ | $\mathrm{n}=400$ | n=201 | n=320 | n=321 | $\mathrm{n}=220$ | $\mathbf{n}=237$ | n=195 | n=314 | n=240 |
|  | Number of prescriptions (mean) | 4.8 | 4.4 | 5.2 | 5.1 | 4.8 | 5.4 | 4.6 | 5.0 | 4.6 | 5.0 | 4.9 | 4.2 | 4.7 |
|  | Spending \$100+ per month on prescriptions (\%) | 20.2 | 14.1 | 21.8 | 20.3 | 10.7 | 25.2 | 11.3 | 20.6 | 23.2 | 33.0 | 27.7 | 20.2 | 24.2 |
|  | Any cost-related Rx skipping (\%) | 15.1 | 11.1 | 11.2 | 13.4 | 9.9 | 16.2 | 10.7 | 12.7 | 20.6 | 17.2 | 18.4 | 13.2 | 6.2 |
|  | Bought Rx from Canada or Mexico (\%) | 1.3 | 0.5 | 1.3 | 1.2 | 0.7 | 3.4 | 1.6 | 0.9 | 1.1 | 2.8 | 2.1 | 2.5 | 2.4 |
| (4) | PRIVATE COVERAGE | $\mathrm{n}=4535$ | n=383 | $\mathrm{n}=360$ | $\mathrm{n}=221$ | n=199 | n=290 | $\mathrm{n}=434$ | $\mathrm{n}=267$ | $\mathrm{n}=276$ | $\mathrm{n}=208$ | n=227 | n=456 | n=307 |
|  | Number of prescriptions (mean) | 4.8 | 4.8 | 4.9 | 5.0 | 4.3 | 4.8 | 4.3 | 4.3 | 5.1 | 4.9 | 5.1 | 4.3 | 4.4 |
|  | Spending \$100+ per month on prescriptions (\%) | 36.8 | 31.5 | 34.1 | 37.6 | 29.4 | 37.7 | 30.6 | 34.3 | 48.9 | 45.6 | $\underline{48.9}$ | 29.3 | 35.2 |
|  | Any cost-related Rx skipping (\%) | 29.2 | 30.4 | 28.1 | 26.6 | 27.5 | 38.1 | 30.0 | 24.8 | 33.8 | 34.2 | 30.8 | 26.2 | 21.9 |
|  | Bought Rx from Canada or Mexico (\%) | 5.9 | 1.6 | 1.7 | 6.2 | 4.9 | 10.6 | 7.3 | 7.1 | 3.0 | 1.2 | 11.0 | 7.8 | 13.2 |
| LOW INCOME ( $\mathbf{2} \mathbf{2 0 0 \%}$ FPL) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| (5) | Without Rx Coverage | $\mathrm{n}=2828$ | N=135 | $\mathrm{n}=96$ | $\mathrm{n}=116$ | n=146 | $\mathrm{n}=162$ | $\mathrm{n}=144$ | $\mathrm{n}=200$ | n=227 | $\mathrm{n}=267$ | $\mathrm{n}=222$ | $\mathrm{n}=160$ | $\mathrm{n}=164$ |
|  | Number of prescriptions (mean) | 4.1 | 3.3 | 4.4 | 4.0 | 4.3 | 3.4 | 3.6 | 4.4 | 4.2 | 4.6 | 4.2 | 4.0 | 3.5 |
|  | Spending \$100+ per month on prescriptions (\%) | 48.9 | 41.0 | $\underline{67.6}$ | 65.2 | 64.7 | 38.1 | 40.6 | 48.9 | 48.1 | 57.8 | 49.2 | 42.2 | 32.6 |
|  | Any cost-related Rx skipping (\%) | 44.1 | 46.3 | 47.1 | 36.7 | 43.9 | 52.2 | 40.3 | 50.5 | 43.6 | 42.3 | 46.5 | 37.6 | 46.6 |
|  | Bought Rx from Canada or Mexico (\%) | 6.8 | 3.9 | 6.0 | 9.0 | 10.7 | 12.0 | $\underline{26.9}$ | 4.7 | 3.7 | 3.6 | 7.1 | 16.4 | 7.8 |
| (6) | With Medicaid | $\mathrm{n}=2537$ | $\mathrm{n}=252$ | $\mathrm{n}=131$ | $\mathbf{n}=157$ | $\mathrm{n}=198$ | n=147 | $\mathrm{n}=277$ | $\mathrm{n}=123$ | n=171 | $\mathrm{n}=141$ | $\mathrm{n}=152$ | $\mathrm{n}=78$ | $\mathrm{n}=112$ |
|  | Number of prescriptions (mean) | 5.9 | 5.3 | 6.2 | 5.7 | 6.5 | 5.9 | 5.2 | 6.1 | 6.3 | 6.0 | 5.4 | 5.0 | 6.6 |
|  | Spending \$100+ per month on prescriptions (\%) | 13.0 | 4.1 | 4.7 | 12.4 | 3.9 | 13.2 | 6.2 | 7.7 | 10.7 | 8.5 | 15.3 | 9.2 | 10.3 |
|  | Any cost-related Rx skipping (\%) | 25.9 | 15.4 | 19.8 | 25.8 | 26.4 | 23.5 | 22.7 | 22.0 | 28.3 | 21.3 | 23.1 | 16.1 | 26.5 |
|  | Bought Rx from Canada or Mexico (\%) | 1.9 | 1.7 | 0.0 | 1.6 | 0.5 | 1.4 | 3.7 | 0.0 | 1.2 | 2.2 | 2.6 | 0.0 | 7.8 |
| (7) | With Rx Coverage Other Than Medicaid | $\mathrm{n}=3816$ | n=395 | n=333 | $\mathrm{n}=242$ | $\mathrm{n}=272$ | $\mathrm{n}=191$ | $\mathrm{n}=211$ | $\mathrm{n}=250$ | $\mathrm{n}=244$ | $\mathrm{n}=231$ | $\mathrm{n}=189$ | $\mathrm{n}=244$ | $\mathrm{n}=160$ |
|  | Number of prescriptions (mean) | 5.2 | 5.1 | 5.1 | 5.0 | 5.1 | 5.3 | 4.5 | 5.3 | 5.1 | 5.5 | 5.3 | 4.7 | 5.2 |
|  | Spending \$100+ per month on prescriptions (\%) | 33.1 | 27.5 | 29.8 | 32.2 | 27.5 | 31.0 | 38.5 | 36.8 | 36.6 | 37.9 | 42.7 | 32.5 | 29.6 |
|  | Any cost-related Rx skipping (\%) | 32.4 | 28.1 | 30.1 | 31.9 | 24.1 | 38.0 | 44.0 | 23.2 | 37.4 | 33.6 | 34.6 | 32.5 | 27.9 |
|  | Bought Rx from Canada or Mexico (\%) | 3.1 | 0.3 | 0.1 | 3.5 | 4.8 | 3.2 | 6.6 | 5.4 | 3.6 | 1.6 | 5.3 | 7.8 | 6.7 |

NOTES: ${ }^{\text {a }}$ Bold font indicates a number significantly lower than the national average. Underlined font indicates a number significantly higher than the national average.
Mean total prescriptions reflects respondent's report of the number of different prescription medicines that he/she currently uses. Within each panel (1-7), rows denoting number of medications, spending and purchase of medication from Canada or Mexico are limited to sample who reported using at least one prescription medicine.
SOURCE: Kaiser/Commonwealth/Tufts-New England Medical Center 2003 National Survey of Seniors and Prescription Drugs

